

# TeeJuh Women's



## Group

**Wednesday 5-7pm and**  
**Thursday 12-2pm**

TeeJuh is pleased to offer Group Education for Women. We offer individual classes once a week that are offered on Wednesdays and Thursdays in Fairbanks.

The classes utilize "The Mindful Workbook for Women" by Wendy W. Coats to help victims of domestic violence overcome the traumas they have faced.

Classes are held each week in Fairbanks on Wednesday evenings at 6:00 PM and Thursdays at Noon.  
If you would like more information on our group program or other services offered by TeeJuh, please call:

Carol Rose: 907-347-4831 [carol.rose@dotlakevillage.org](mailto:carol.rose@dotlakevillage.org)  
Shirley Williams: 907-371-7394 [shirley.williams@dotlakevillage.org](mailto:shirley.williams@dotlakevillage.org)